

---

This sender is trusted.

PCPA EDI Newsletter | [View in browser](#)



**Welcome to your Fall PCPA EDI Newsletter!**  
Keeping you up to date on EDI-related topics at PCPA and beyond!

---

## MEET YOUR PCPA EDI MEMBERS

---

**Ivana Maratas**  
HR & EDI Manager

**Emily Trask**  
Associate Artistic Director

**Gary Panther**  
Box Office Customer Service Rep.

**Caroline Rein**

Assistant Shop Manager

**Marilet Martinez**

Director of Youth & Community Arts

**Kari Cowell**

Alumni

# AND WELCOME NEW MEMBERS!

**Michael Gould**

1st Year Acting Student

**Gillian Rains**

1st Year Acting Student

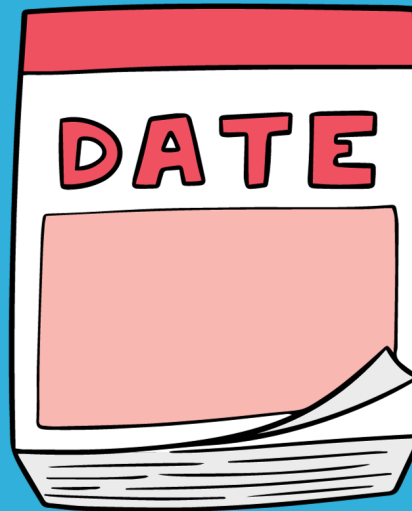
**Sophia Joy**

2nd Year Acting Student

**Donna Cantu**

1st Year Technical Theatre Student

*The PCPA EDI Committee's Goal: is to provide a safe and brave space to have an open and honest conversation about challenging topics, facilitate student and staff forums, provide training and workshops to expand our understanding as a community, hear the needs and concerns of our PCPA community, develop and provide tools to address concerns, evaluate practices, and support the implementation of positive, inclusive changes going forward.*



The coming months are chock-full of Holidays and days of national and international recognition and observance. To learn more – click the event!



[November is Native American Heritage Month](#)

[Nov 1st & 2nd Día de los Muertos/The Day of the Dead](#)

[Nov 9th – World Adoption Day](#)

[Nov 11th – Veteran's Day](#)

[Nov 12th – Diwali](#)

[Nov 16th – International Day of Tolerance](#)

Nov 20th – Transgender Day of Remembrance  
Universal Children's Day (U.N.)

Nov 23rd – Thanksgiving

Nov 24th – Native American Heritage Day

Nov 25th - International Day for the Elimination of Violence against Women



Dec 1st – World AIDS Day

Dec 3rd - International Day of Disabled Persons

Dec 7th – 15th – Hanukkah

Dec 10th - International Human Rights Day

Dec 12th - Our Lady of Guadalupe Day

Dec 21st – Winter Solstice/Yule

Dec 25th – Christmas

Dec 26th – January 1st – Kwanza

January 1<sup>st</sup> – New Year's Day

**In recognition and celebration of November being  
Native American Heritage Month**





We would like to gratefully acknowledge the Native Peoples on whose ancestral homelands PCPA is located, as well as the diverse and vibrant Native communities who make their home here today. Here on the Central Coast of California, we are on the traditional lands of the Chumash people, particularly the Santa Ynez Band of the Chumash. We acknowledge their forced removal, and we remain grateful to the tribe for their longstanding support and community leadership.

The Chumash are one of the oldest tribes in North America. Some bones of Chumash ancestors have been found to be more than 13,000 years old!

**Other names for The Chumash:** Obispeño, Ventureño, Barbareño, Purisimeño, Yneseño, Canalino

**Home region:** San Luis Obispo, Santa Barbara and Ventura Counties, as well as the Channel Islands, east to Castaic and Mt. Pinos.



**DID YOU  
KNOW?**

**Shelter:** The Chumash lived in dome-shaped shelters called 'aps.

**Travel:** The Chumash were known for constructing long and sturdy canoes called tomols, which they used for travel up and down the coast and for hunting marine life, especially marine mammals.

**Art:** The rock paintings of the Chumash are some of the most interesting and impressive of any in the U.S., and a number of them still survive, including Chumash Painted Cave in Santa Barbara County. ([take a drive and check it out!](#))

The Chumash also made some of the most complex baskets in North America.

[Click here](#) to learn more about the Chumash's rich history and vibrant present visit.

Go Global! Explore [Native Land](#) to see Indigenous territories, treaties, and languages around the globe.

Check out these [Native American Businesses](#) in CA with some right in our area!

And even if you can't make it to Richmond, VA in person... take a peak at what's playing at [The Pocahontas Reframed Film Festival](#)



## SPOTLIGHT

PCPA Director of Youth and Community Art, Marilet Martinez and her collaborator Jessi Realz, participated in the sixth Latinx New Play Festival at La Jolla Playhouse, October 27 – 29, 2023, with their play *The Invocation of Selena*. The Latinx New Play Festival expands the presence of Latinx stories and artists on the American stage and spotlights the broad range of today's Latinx experience. Four scripts were selected to be rehearsed and developed at the Playhouse, culminating in a live, free public reading, as well as panel discussions and other events.



PCPA Director of Youth and Community Art, Marilet Martinez and her collaborator Jessi Realz in *The Invocation of Selena* by Tus Tías at Latinx Theatre Commons Comedy Carnival in 2022

## MENTAL HEALTH RESOURCES

The holidays, changes in the seasons, and this point in the semester can be stressful, and affect mood and wellbeing. Be gentle with yourselves remember you're not alone and have a community and resources to support you.





# Mental Health Resources



## CREDIT STUDENTS

- ✓ Free, in-person or telehealth mental health counseling
- ✓ Schedule an appointment: 805-922-6966, ext. 3212  
Complete request: <https://forms.office.com/r/RlyL1AMn16>
- ✓ Virtual Care Group: 24/7 telehealth mental health counseling & crisis counseling  
<https://www.thevirtualcaregroup.com/allanhancock/>

## NON-CREDIT STUDENTS

- ✓ Virtual Care Group: 24/7 telehealth mental health counseling & crisis counseling  
<https://www.thevirtualcaregroup.com/allanhancock/>

## EMPLOYEES

- ✓ Employee Assistance Program: 1-800-999-7222, code: SISC

## COMMUNITY RESOURCES

- ✓ Access Line: SB County behavioral wellness, mobile crisis team, 24/7, all ages 888-868-1648
- ✓ Central Coast Hotline: SB & SLO County crisis line, 24/7, all ages 800-783-0807
- ✓ Domestic Violence Helpline & emergency shelter, 24/7 805-964-5245
- ✓ Sexual Assault North County Rape Crisis 805-736-7273

## BASIC NEEDS

- ✓ Basic Needs Center: 805-922-8966, ext. 3627
- ✓ <https://www.hancockcollege.edu/basicneeds/index.php>
- ✓ 211- connect with health & human services, housing, 24/7



# BUILDING A MORE INCLUSIVE TOMORROW







## OUR EDI 360-DEGREE ASSESSMENT!

Join us as we collaborate with Beatrice Thomas and Kyle DeVries from Authentic Arts & Media through an anonymous staff survey coming soon in November! This is a 360-degree survey with the goal of outlining the strengths and opportunities for growth at PCPA to help inform and inspire future organizational work. As a community, Bea will present the discoveries and findings on where we currently sit culturally as an organization on January 9<sup>th</sup>, 2024!

Be on the lookout for more information from the Human Resources and EDI department!

And in the meantime, take a little tour of [Authentic Arts & Media](#) to learn more





# ALLAN HANCOCK COLLEGE

In can you missed it...

A Note from Allan Hancock College President, Kevin Walthers regarding the War in Gaza.

*“As a learning community committed to knowledge, education, and diversity, we are devastated by the violence we are seeing in the Middle East. These events can create shock and trauma for many of our students, staff, and neighbors across the central coast. The suffering they are experiencing is unimaginable, and our hearts grieve as they grapple with the devastation of lives cut short, and anxiety over the fate of missing loved ones. Allan Hancock College is committed to building [“inclusive communities that promote trust and social justice.”](#) I’m proud to be part of an organization that lives up to its mission by promoting an inclusive environment. Please be aware of the added emotions some of our [community] may feel and remember that we have resources for them through our [student health center](#) and the [Crisis Assessment and Support Team \(CAST\)](#). The college’s [Employee Assistance Program](#) is available to all faculty and staff that need additional support.”*

## F E E D B A C K

If you have any questions contact the EDI Committee at [EDI@pcpa.org](mailto:EDI@pcpa.org)

We would love to hear from you and learn with you. Do you like the newsletter? What would you keep or change? What are your thoughts about

PCPA - Pacific Conservatory Theatre's EDI work?  
Let us know [here](#)



[Update your marketing preferences](#) | [Unsubscribe](#)

800 South College Drive, Santa Maria, CA 93454